

LIVER OF LIFE!

An ounce of prevention is worth a pound of cure

Liver is one of the body's largest and most vital organ, and it performs over 500 functions.

In Asia, hepatitis and liver cancer are the most common causes of liver damage and liver failure. Thus, it is important to take good care of one's liver.

1. Ultrasound of Liver

2. Liver Function Test

- Total Protein
- Albumin
- Globulin
- A/G Ratio
- ALP
- ALT
- AST
- GGT

3. Lipid Profile

- Total Cholesterol
- HDL
- LDL
- Cho/HDL Ratio
- Triglyceride

4. Hepatitis Viral Studies

- HBsAg
- HBsAb
- HBcAB Total
- HAV Ab Total
- HCV Ab Total

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WHO SHOULD BE UNDERGOING THIS TEST?

- ✓ On medication that can harm the liver
- ✓ Have liver disease
- ✓ Have symptoms of liver disease (abdominal pain, nausea and vomiting, or yellow skin)
- ✓ At-risk alcohol intake
- ✓ Overweight individuals with diabetes and hypertension

护肝要趁早!

预防胜于治疗

肝脏是人体内体积最大、最重要的器官。

在亚洲，肝炎和肝细胞癌被视为导致肝损伤和肝功能衰竭的主因。
养肝护肝、远离肝病危害，生命的指针才能正常不停地转动。

1. 肝脏超声检查

2. 肝功能测试

- 蛋白质总合
- 蛋白清
- 血球素
- 蛋白/血球素比值
- ALP
- ALT
- AST
- GGT

3. 血脂

- 胆固醇总合
- 高密度脂蛋白
- 低密度脂蛋白
- 胆固醇/高密度脂蛋白比值
- 甘油三脂

4. 肝炎病毒测试

- B型肝炎表面抗原
- B型肝炎表面抗体
- B型肝炎核心抗体总合
- A型肝炎病毒抗体总合
- C型肝炎病毒抗体总合

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谁应该接受这个测试?

- ✓ 正服用对肝脏有损害的药物
- ✓ 有相关肝脏疾病
- ✓ 有相关肝脏疾病症状（腹痛，恶心，呕吐或黄疸）
- ✓ 摄取过量酒精
- ✓ 体重超标且伴随糖尿病和高血压